



Author Guidelines

Thank you very much for your interest in writing for *St. Louis Metropolitan Medicine*. Here are some of the questions we are most often asked about submitting articles to our magazine.

What types of articles does *St. Louis Metropolitan Medicine* seek?

- **Informational:** Description of a medical program or service that is making a difference for the community.
- **Commentary:** Your opinion about an important topic affecting medicine in Kansas City. (Brief letters to the editor also are welcome.) **NOTE:** All commentaries are eligible for the Arthur Gale Writer's Award carrying a \$250 cash prize; one winner is chosen each year.
- **Practice Management (Consultants):** Advice on insurance, technology, etc. Should be given on objective, third-party basis and not overtly promote the author's services.

Please feel free to submit a brief concept of your idea to us before sending a finished article.

How long should my article be?

- Articles for our magazine range anywhere from 500 to 2,000 words. Please use whatever length is needed for your subject. Commentaries and practice management articles typically are 500-1,000 words; informational articles may be longer.

What file type should I send it in?

- Please submit articles in Microsoft Word. Do not send text in PDF.

If I have photos or charts, how should I send those?

- Photos should be sent in JPEG, PNG or other art file. Resolution should be sufficient quality for print production. Hint: If you open the file, the photo should fill at least 2/3 the height of the screen.
- Charts should be sent in the original files in which they were created, e.g., Power Point.

Should I include a photo and brief bio?

- Please send a high-resolution photo(s) of the author(s) with the article.
- Please include the author's title and contact information (phone, email), along with any other relevant information you may want to include such as special certifications, etc. Please note, our author bios are only a couple of sentences long.

What if my article has citations?

- For literature citations, please follow American Medical Association guidelines in citing articles, books, web pages, etc. See AMA guidelines on the next page.

What about general guidelines on punctuation, capitalization, etc.?

- We will edit your copy to conform to Associated Press style and the Chicago Manual of Style to ensure consistency throughout our journal. If we see something about which we have a question and may affect the meaning of your statement, we will contact you.

Thank you again for your interest in *St. Louis Metropolitan Medicine*

Jim Braibish, Managing Editor, editor@slmms.org, 314-570-3532

AMERICAN MEDICAL ASSOCIATION (AMA) CITATION STYLE

Rev. 11/1/2012

General rules from the 10th edition

- Items are listed numerically in the order they are cited in the text
- Include up to 6 authors
- For more than six, provide the names of the first three authors and then add et al
- If there is no author, start with the title
- Periodicals (journals, magazines, and newspapers) should have abbreviated titles; to check for the proper abbreviation, search for the Journal Title through [LocatorPlus](#) at the National Library of Medicine website

Citation Type	Example
Journal article – in print – one author	Spencer J. Physician, heal thyself – but not on your own please. <i>Med Educ.</i> 2005; 89: 548-549.
Journal article – in print – 2-6 authors	Salwachter AR, Freischlag JA, Sawyer RG, Sanfey HA. The training needs and priorities of male and female surgeons and their trainees. <i>J Am Coll Surg.</i> 2005; 201: 199-205.
Journal article – in print – more than 6 authors	Fukushima H, Cureoglu S, Schachern P, et al. Cochlear changes in patients with type 1 diabetes mellitus. <i>Otolaryngol Head Neck Surg.</i> 2005; 133: 100-6.
Journal article – online *if there is no DOI, provide the URL for the specific article	Coppinger T, Jeanes YM, Hardwick J, Reeves S. Body mass, frequency of eating and breakfast consumption in 9-13-year-olds. <i>J Hum Nutr Diet.</i> 2012; 25(1): 43-49. doi: 10.1111/j.1365-277X.2011.01184.x
Journal article – online from a library database* *there is no specific way to cite articles found in library databases according to the AMA so double check with your professor	Calhoun D, Trimarco T, Meek R, Locasto D. Distinguishing diabetes: Differentiate between type 1 & type 2 DM. <i>JEMS [serial online]</i> . November 2011; 36(11):32-48. Available from: CINAHL Plus with Full Text, Ipswich, MA. Accessed February 2, 2012.
Newspaper article – in print *if the city name is not part of the newspaper name, it may be added to the official name for clarity * if an article jumps from one page to a later page write the page numbers like D1, D5	Wolf W. State’s mail-order drug plan launched. <i>Minneapolis Star Tribune.</i> May 14, 2004:1B.
Newspaper article – online	Pollack A. FDA approves new cystic fibrosis drug. <i>New York Times.</i> January 31, 2012. http://www.nytimes.com/2012/02/01/business/fda-approves-cystic-fibrosis-drug.html?ref=health . Accessed February 1, 2012.
Websites	Outbreak notice: Cholera in Haiti. Centers for Disease Control and Prevention Web site. http://wwwnc.cdc.gov/travel/notices/outbreak-notice/haiti-cholera.htm Published October 22, 2010. Updated January 9, 2012. Accessed February 1, 2012.
Entire book – in print	Modlin J, Jenkins P. <i>Decision Analysis in Planning for a Polio Outbreak in the United States</i> . San Francisco, CA: Pediatric Academic Societies; 2004.
Book chapter – in print	Solensky R. Drug allergy: desensitization and treatment of reactions to antibiotics and aspirin. In: Lockey P, ed. <i>Allergens and Allergen Immunotherapy</i> . 3 rd ed. New York, NY: Marcel Dekker; 2004:585-606.

To find more AMA style citations, go checkout the [AMA Manual of Style: A Guide for Authors and Editors](#). 10th ed. Oxford: Oxford UP.

AMERICAN MEDICAL ASSOCIATION (AMA) CITATION STYLE

Rev. 11/1/2012

Citing sources within your paper

Unlike APA or MLA, you will not use the author's last name for the in-text citations. Instead, you will number each instance when you are referencing an article. The order of numbering will be contingent on the order in which you use that reference within your paper. In the example below, the first article referenced is given the number one in superscript. In the References section, you will find the matching article listed as number 1.

Example Article 1. Zoellner J, Krzeski E, Harden S, Cook E, Allen K, Estabrooks PA. Qualitative application of the theory of planned behavior to understand beverage consumption behaviors among adults. <i>J Acad Nutr Diet</i> . 2012;112(11):1774-1784. doi: 10.1016/j.jand.2012.06.368.	
In-Text Citation Example	<p>LARGE INCREASES IN AMERICANS' CONSUMPTION OF sugar-sweetened beverages (SSB) have been a topic of concern. Between 1977 and 2002, the intake of "caloric" beverages doubled in the United States, with most recent data showing that children and adults in the United States consume about 172 and 175 kcal daily, respectively, from SSB.¹ It is estimated that SSB account for about 10% of total energy intake in adults.^{2,3} High intake of SSB has</p>
References Section Example	<p>References</p> <ol style="list-style-type: none">1. Duffey KJ, Popkin BM. Shifts in patterns and consumption of beverages between 1965 and 2002. <i>Obesity</i>. 2007;15(11):2739-2747.2. Nielsen SJ, Popkin BM. Changes in beverage intake between 1977 and 2001. <i>Am J Prev Med</i>. 2004;27(3):205-210.3. Drewnowski A, Bellisle F. Liquid calories, sugar, and body weight. <i>Am J Clin Nutr</i>. 2007;85(3):651-661.

Use commas to separate multiple citation numbers in text, like you see between references 2 and 3. Unpublished works and personal communications should be cited in the text (and not on the reference list).¹ Superscript numbers are placed outside periods and commas, and inside colons and semicolons. When citing the same source more than once, give the number of the original reference, then include the page number (in parentheses) where the information was found. See pages 41-44 of the *AMA Manual of Style* for more information.

References

Citing AMA guide website. <http://libguides.stkate.edu/content.php?pid=99799&sid=749106>. Updated April 2011. Accessed October 24, 2012.

To find more AMA style citations, go checkout the [AMA Manual of Style: A Guide for Authors and Editors](#). 10th ed. Oxford: Oxford UP.